



NURSING OF CHILDREN NETWORK  
LOCAL CHAPTER OF THE  
SOCIETY OF PEDIATRIC NURSES

PRESENTS

*7th Annual*

REGIONAL PEDIATRIC  
NURSING CONFERENCE



## *Pediatric Nursing on the Move*

MONDAY OCTOBER 25, 2010

THE CHASE CENTER, WILMINGTON, DE

### SPONSORED BY

- Bayada Nurses
- Drexel University
- Hill-Rom
- Janet Weis Children's Hospital
- KenCrest Children's Residential Services
- Lauren's House
- Nemours/Alfred I. duPont Hospital for Children
- Nurse Builders
- PRO2 Respiratory
- St. Christopher's Hospital for Children
- The Children's Hospital of Philadelphia
- Weisman Children's Rehabilitation Hospital

# Join us in celebrating our 7th Anniversary!

NCN's 7th Annual Regional Pediatric Nursing Conference on October 25th!!

## COURSE OVERVIEW

This is the seventh annual NCN Regional Pediatric Nursing Conference. Our theme this year is: Pediatric Nursing on the Move. The planning occurred amongst the premier children's institutions in the region. The targeted audience is staff nurses and advanced practice nurses from all settings including hospitals, home care, ambulatory care, and school nursing. It will provide attendees with state of the art information on a variety of clinical topics and professional issues. Ample opportunity is provided for networking and becoming involved in Nursing of Children Network and the Society of Pediatric Nurses organizations.

## CONFERENCE OBJECTIVES

1. Provide educational sessions to enhance the pediatric nurse's knowledge and skill related to a variety of clinical, psychosocial and professional topics.
2. Provide the opportunity to enhance personal and professional growth.
3. Provide the opportunity to network among pediatric nurses in the greater region.

## NURSING ACCREDITATION

6.0 contact hours will be awarded for participation in the live presentation component of this program. An additional 1.0 contact hour is available for participation in the optional poster presentation interactive session, for a total of 7.0 contact hours. This conference provides 4.0 trauma education hours for designated sessions.

## POSTER PRESENTATIONS

The deadline for poster presentations has expired. Each year the deadline for poster applications is July

1. If you are interested in submitting an abstract for consideration at next year's conference, please check [www.nursingofchildrennetwork.com](http://www.nursingofchildrennetwork.com)

## ABOUT THE CHASE CENTER, WILMINGTON, DE

Join us at this beautiful new facility! Enjoy the spacious conference rooms and generous common space for exhibitors, poster presentations, and networking. Easy on/off access from I-95, FREE parking! Visit the Chase Center online at [www.centerontheriverfront.com](http://www.centerontheriverfront.com).

## ACCOMMODATIONS

A block of rooms has been reserved at the Sheraton Suites Wilmington until Sunday October 3, 2010. This hotel has easy access off I-95 and is a 5 minute cab ride from the Chase Center. Single / double occupancy room rate is \$95.00 plus taxes, fees, and parking. Directions, hotel information, and direct link to the NCN Conference room block can be accessed at [www.starwoodmeeting.com/Book/ncnconference](http://www.starwoodmeeting.com/Book/ncnconference).

## PLANNING COMMITTEE

Judith Stellar, MSN, CRNP .....	Nursing of Children Network Conference Chair
Michele Bakun, BSN, RN .....	KenCrest Children's Residential Services
Kathy Cramsie, MSN, RN .....	St. Christopher's Hospital for Children
Ann Marie General, MS, CPN, CRNP .....	Janet Weis Children's Hospital, Geisinger Medical Center
Pat Gispert, MSN, RN .....	St Christopher's Hospital for Children
Beth Hoy, BSN, RN .....	Lauren's House
Louise D. Jakubik, PhD, RN-BC .....	Nurse Builders
John F. Moffa, RRT, NPS .....	Hill-Rom
AnneMarie Monachino, MSN, RN, CPN .....	Nursing of Children Network, President
Margit Moran, BSN, RN .....	Bayada Nurses
Emily Mowry, BSN, RN, CPN .....	Janet Weis Children's Hospital, Geisinger Medical Center
Tony Mozzone, RRT .....	PRO2
Ann Marie O'Brien, MSN, RN .....	The Children's Hospital of Philadelphia
Tracy Patrick-Panchelli, BSN, RN-BC, CPN .....	Nemours/Alfred I. duPont Hospital for Children
Mary Jo Pedicino, MSN, RN .....	The Children's Hospital of Philadelphia
Allyson Short, BSN, RN, CPON .....	Nemours/Alfred I. DuPont Hospital for Children
Jeannine S. Winess, MSN, CRNP, CPTC .....	Pediatric Palliative Care Consultants
Mary Pat Winterhalter, MS, RN .....	Lauren's House
Linda Youngstrom, PhD, RN .....	Nursing of Children Network

# CONFERENCE AGENDA

**7:00 AM Registration & Poster Set-Up**  
Exhibits and Continental Breakfast

**8:00 AM Welcome**

**8:15AM Opening Session**

Sponsored by Bayada Nurses

## **Staying Afloat, How Do We Keep Up!**

As nursing leaders, how do we stay updated, connected and empowered in today's healthcare environment under such dynamic and pressure packed situations?

Jeanne Venella, RN, MS, CEN, CPEN  
Senior Consultant  
Blue Jay Consulting

## **Concurrent Sessions Track A through E**

Tracks A & B: Clinical Updates

Track C: Trauma

Track D: Ambulatory / Community

Track E: Professional Development

\* = Trauma Ed. Hour

**9:30 AM Concurrent Session I**

## **Track A: Preventing Codes Outside of the ICU: Is it Possible?**

This panel will present one institution's experience with the development and implementation of systems to enhance early recognition of patient deterioration by bedside providers and the development and implementation of a Critical Assessment Team. The benefits and challenges of implementing these systems will be discussed from the perspectives of both the inpatient medical surgical unit and the intensive care unit teams.

Kathryn E. Roberts, RN, MSN, CRNP, CCRN, CCNS - Clinical Nurse Specialist, The Children's Hospital of Philadelphia  
Xenia T. Bateman, MSN, CRNP - Clinical Nurse Specialist, The Children's Hospital of Philadelphia  
Kellyann Papanou, RN, BSN - Clinical Manager, The Children's Hospital of Philadelphia

## **Track B: Childhood Cancer Survivors: An Overview**

This presentation will display the improvement in survival rate of pediatric oncology patients, identify new areas of research in childhood cancer with the goal to decrease late effects. We will identify most common late effects observed among Childhood Cancer Survivors. Discussion will also include what an oncology survivorship visit would include and why it is important to continue follow-up into adulthood.

Joanne Quillen, MSN, PNP-BC - Survivorship Nurse Practitioner, NEMOURS/Alfred I. duPont Hospital for Children

## **Track C: Ready, Set, Go: Pediatric Trauma Simulation\***

Learn how simulation training can prepare teams to manage the patient with a traumatic injury. Members of the audience will be asked to actively participate in the session.

AnneMarie Monachino MSN, RN, CPN – Clinical Educator, Center for Simulation, The Children's Hospital of Philadelphia  
Amy Scholtz MSN, RN, WHNP-BC, CNS-BC – Clinical Educator, Center for Simulation, The Children's Hospital of Philadelphia  
Dave Rodgers EdD, NREMT-P – Clinical Educator, Center for Simulation, The Children's Hospital of Philadelphia

## **Track D: The Journey Home: A Collaborative Approach to Transitioning the Technology Dependent Child from Hospital to Home**

This presentation will discuss the optimal transition of the technology dependent child from hospital to home and describe care coordination activities, home nursing care and provision of respiratory and durable medical equipment and its impact on the child and family.

Monica Kondrad RN, BSN – Senior Care Coordinator, St Christopher's Hospital for Children  
Tony Mozzone, RRT – Marketing, PRO2 Respiratory  
Margit Moran RN, BSN – Pediatric Clinical Support Specialist, Bayada Nurses

## **Track E: How to Lead When You are Not in Charge**

Most nurses think of a leader as someone at the top of the organization in a traditional role such as chief nursing officer, director, or manager. Yet, nurses are leaders every day in their roles with patients, families, and other staff. Tips will be presented for nurses' to cultivate leadership skills in their everyday work situations. Theories of communication, change, and organizational behavior will be the foundation of this workshop. The target audience is younger nurses interested in leadership careers, staff nurses looking to be more effective, and formal leaders seeking to provide an environment that fosters learning, autonomy, and development of leadership skills.

Michael Grossman DM, MSN, RN, NEA-BC – Consultant, Speaker, Author, Nurse Leadership Builders

**10:30 AM Exhibits & Poster Presentations**

# CONFERENCE AGENDA

*continued*

## 11:00 AM Concurrent Session II

### Track A: The Haiti Rescue Effort: One Hospital's Experiences\*

This presentation will discuss the efforts of one hospital in contributing to the Haiti rescue effort.

Cathleen Rossi-McLaughlin, RN, BSN, MS – Senior Director of Nursing, NEMOURS/Alfred I. duPont Hospital for Children

### Track B: Pediatric Cardiovascular Assessment

Review normal cardiac anatomy and physiology. Discuss the components of the cardiovascular physical assessment and identify unique characteristics of the pediatric cardiovascular exam.

Janet Prozzillo, BSN, RN, CPN – Assistant Nurse Manager, NEMOURS/Alfred I. duPont Hospital for Children

### Track C: Kids, Cars, Falls and Brawls The Pediatric Golden Hour\*

This will be a discussion of prehospital and emergency care for the pediatric trauma patient. We will look at burns, blunt and penetrating trauma.

M. Jeffrey Fein, RN, BSN, CFRN – Transport Team Nurse Educator, St. Christopher's Hospital for Children

### Track D: Pediatric Obesity: Politically Correct and Practical Interventions

This presentation will highlight pediatric obesity and the increasing prevalence in today's society. We will discuss and provide resources on how to approach this sensitive subject with our overweight and obese patients and their families. Resources and information will be provided on weight sensitivity, motivational interviewing, and lifestyle toolkits in the setting of pediatric obesity.

Amanda Holdridge, MSN, RN, CPNP-PC – Pediatric Nurse Practitioner, The Children's Hospital of Philadelphia  
Rebecca Thomas, RD, LDN – Registered Dietician, The Children's Hospital of Philadelphia

### Track E: Experiences with Evidence-Based Practice Projects: A Panel Discussion

This panel will discuss their experiences with participating in selected evidence-based practice (EBP) projects. Discussion will include the steps in conducting an EBP project and will give you the information you need to get started with your own EBP project.

Kathy Cramsie MSN, RN-BC, Panel Moderator – Director of Professional Development, St. Christopher's Hospital for Children  
Lauren Heimall, MSN, RNC – Clinical Nurse Specialist, The Children's Hospital of Philadelphia  
Jennifer Hartman, BSN, RN, CPN – St. Christopher's Hospital for Children  
Patricia Melcer, MSN, RN, CCRN, NICU – Nurse Clinician, NEMOURS/Alfred I. duPont Hospital for Children

## 12:00 PM Lunch & Raffle

## 12:45-1:30 PM Exhibits & Poster Presentations

## 1:30 PM Concurrent Session III

### Track A: Procedural Sedation of the Medically Complex Child

Sedating children with special health needs poses many unique challenges. Balancing procedural goals and effectiveness with patient safety is best achieved by utilizing a multi-disciplinary approach. This lecture focuses on providing safe, effective procedural sedation to the medically complex child.

Michelle Rhoads, MSN, APRN, BC – Nurse Practitioner, NEMOURS/Alfred I. DuPont Hospital for Children

### Track B: Nursing Care of the Child with Sickle Cell Disease: Acute Complications

This presentation is designed to enhance your practice in the care of children with sickle cell disease and their families. It includes information targeted to develop your knowledge and skills related to the care of children with sickle cell disease experiencing acute complications of their disease.

Louise D. Jakubik, PhD, RN-BC – President and Chief Learning Officer, Nurse Builders

### Track C: Pain in the Neck? C-Spine Immobilization\*

In this session we will review those mechanisms of injury that warrant Cervical Spine immobilization, learn the techniques for proper C-spine immobilization and use of immobilization devices.

Jamie Sklar, RN, BSN, MS, CCRN – Clinical Nurse IV, Intensive Care Unit, The Children's Hospital of Philadelphia

### Track D: "My Child's Just Not the Same": Concussion Consequences\*

Mild traumatic brain injury can have profound effects on the developing brain, and the symptoms often go unrecognized and untreated. The physical, psychological, and cognitive problems in post-concussion syndrome will be illustrated with a case study, and various treatment modalities will be described.

Kristine Biggie, MSN, CRNP, CCRN – Pediatric Trauma Nurse Practitioner, The Children's Hospital of Philadelphia

### Track E: Giving and Receiving Actionable Feedback

Explore your ideas about giving and receiving feedback. Develop essential skills that will enable you to effectively manage the most challenging interactions.

Marie Blessington, RN – Director of Clinical Leadership Development, Bayada Nurses

# CONFERENCE AGENDA

*continued*

## 2:45 PM Concurrent Session IV

### Track A: Diabetes - Type 1 and Type 2 in the School Age Environment

Diabetes is a chronic disease that affects children and adults. Today our focus will be on type 1, type 2 and nutrition in the school age environment

Barbara Morrison, RN,BSN,CDE,CPN – Certified Diabetes Educator, St Christopher's Hospital for Children  
Kelly Estell, RD,LDN – Clinical Dietitian, St Christopher's Hospital for Children

### Track B: Pediatric Oncology Nursing for the Pediatric Med-Surg Nurse

This session will review common issues in care for children with cancer diagnoses in settings other than a pediatric oncology unit.

Kathleen Longo, MSN, CRNP – Nurse Practitioner, Oncology, St Christopher's Hospital for Children

### Track C: Pediatric Abdominal Trauma: More Than Just a Tummy Ache\*

This presentation covers common intra-abdominal organ injuries, mechanism of injury, nursing assessment and care of the child with liver and spleen injuries.

Nonette B. Clemens, RN BSN CCRN CEN PHRN  
Pediatric Trauma Case Manager  
Janet Weis Children's Hospital, Geisinger Medical Center

### Track D: The Ups and Downs of Mental Health in Children and Teens

This presentation will discuss the primary issues affecting mental health in children and teens. It will explore changes in the approaches to diagnosis and treatment as well as how conditions have changed.

Janice Selekmán, DNSc, RN, NCSN – Professor, University of Delaware

### Track E: Techno-Savvy or On the Brink of Digital Distress? Surviving the Dynamic Nature of Pediatric Nursing Care

Technology, an important component of pediatric nursing practice; impacts the delivery of nursing care and patients on a daily basis. For the "techno savvy nurse" this interactive presentation will explore innovations in technology in pediatric nursing. For nurses on the "brink of digital distress", this presentation will introduce strategies to maintain resiliency and embrace technology in a challenging profession.

Karen Goldschmidt, MSN, RNC – Assistant Clinical Professor, Drexel University

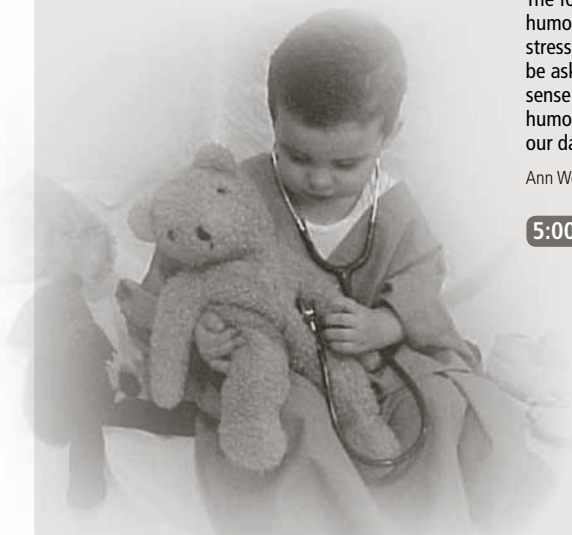
## 4:00 PM Closing Session

### Taking What You Do Seriously But Yourself Lightly (It's Not What Happens To You That Counts, It's What You Make Happen That You Can Count On!)

The focus of this presentation will be to examine humor as an effective way to deal with life's distress in our day-to-day world. The participants will be asked to better understand themselves and their sense of humor. There will be examples of how humor can be introduced into the work place, into our daily lives and interactions with others.

Ann Weeks, DNS, RN – Nurse Family Therapist

## 5:00 PM Wine & Cheese Reception



## ABOUT THIS YEAR'S COMMUNITY SERVICE PROJECT

The Board of the Nursing of Children Network has selected the Reach Out and Read Nemours Pediatric program in Delaware as this year's conference community service project. We will be collecting new and gently used children's books for children ages 6 months to 12 years at the NCN information table to donate to this organization. Reach Out and Read (ROR) is a national non-profit pediatric early literacy program located in more than 4,100 primary care doctor's offices across the nation. ROR makes literacy promotion a standard part of pediatric primary care, so that children grow up with books and a love of reading. Reach Out and Read Nemours Pediatric program has 8 sites relying on donations and funding support

from schools, community groups, corporations, foundations, families and individuals to maintain this valuable program. You can help doctors and nurses make books part of a healthy childhood by donating new or gently used books! Gently used books should be in good condition (covers and pages intact, clean and readable) and appropriate for children 6 months to 12 years old. Out of respect for families, ROR sites do not accept books with sensitive issues and/or illustrations (such as abuse, death, divorce, holidays, religion, violence, weapons). If you choose to purchase new books, the greatest need is for infants and toddlers. Donated money will be used to buy books in Spanish.

## ABOUT THE GENERAL SESSIONSPEAKERS

### **Ann Weeks, DNS, RN**

Dr. Ann Weeks is a nationally known speaker, specializing in everyday strategies to deal with the stresses of life's passages. She is the author of eleven publications and numerous short stories. Dr. Weeks is a nurse family therapist in a private practice for 31 yrs, working with individuals, couples, and families dealing with stress.

### **Jeanne Venella, RN, MS, CEN, CPEN**

Jeanne Venella is nationally known speaker and consultant in nursing leadership and issues in pediatric emergency nursing. She is a seasoned emergency department management consultant who guides individuals and organizations through organizational change. Her greatest passion is mentoring nursing leaders through education and role modeling. Ms. Venella brings to her presentations her passion for nursing along with over 25 years of nursing leadership experience.

## ABOUT THE SOCIETY OF PEDIATRIC NURSES & THE NURSING OF CHILDREN NETWORK

The Nursing of Children Network (NCN) is the local chapter of the Society of Pediatric Nurses (SPN). SPN is the only non-specialty professional nursing organization dedicated to pediatric patients and their families. The local chapter, NCN, offers opportunities for mentoring, educational programs, community outreach projects, and other professional activities. Please see our website at [www.nursingofchildrennetwork.com](http://www.nursingofchildrennetwork.com) for more information. All NCN members must be members of the national organization: SPN. To download an SPN application, go to the website at: [www.pedsnurses.org](http://www.pedsnurses.org)



***Pediatric Nursing on the Move***

*7th Annual*

**REGIONAL PEDIATRIC  
 NURSING CONFERENCE**

**REGISTRATION FORM**

Individuals must register via website: [www.nursingofchildrennetwork.com](http://www.nursingofchildrennetwork.com) click on "Conference." Mail in registration is reserved for institution or company use only. Company check is accepted with group of 3 or more registrants. Individual registration form (below) is required for each person in the group. Photo copies of the form are acceptable.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Credentials \_\_\_\_\_

Title \_\_\_\_\_

Institution \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Address \_\_\_\_\_  
(The information above will be printed on your badge)

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Please note postmarked dates; Due to limited space, all fees will be strictly adhered to.  
 Direct questions to: [registerncn@comcast.net](mailto:registerncn@comcast.net) 866-837-5862

**Early Registration Discount**

**\$150.00** Online registration or postmarked by September 25, 2010

**Regular Registration**

**\$180.00** Online registration or postmarked by October 15, 2010

**On-Site Registration**

**\$195.00** Call 866-837-5862 or email [registerncn@comcast.net](mailto:registerncn@comcast.net)

On site registration will be accepted, IF space permits. However, this conference typically sells out!

**Cancellations and Transfers:** All cancellations and transfers must be received in writing. If received in writing prior to October 15, 2010, the full cost less a \$25.00 administrative fee will be refunded. There will be no refunds after October 15, however, the registration can be transferred, provided both transferring party names are provided via email to: [registerncn@comcast.net](mailto:registerncn@comcast.net)

**Concurrent Session Selection**

**Please indicate your 1st and 2nd choices by circling A, B, C, D or E next to the session:**

Concurrent Session I 9:30am-10:30am Concurrent Session III 1:30pm-2:30pm

1st choice: A B C D E 1st choice: A B C D E

2nd choice: A B C D E 2nd choice: A B C D E

Concurrent Session II 11:00am-12:00pm Concurrent Session IV 2:45pm-3:45pm

1st choice: A B C D E 1st choice: A B C D E

2nd choice: A B C D E 2nd choice: A B C D E

Will you be attending the wine and cheese reception? YES NO

Vegetarian Lunch? YES NO Will you require special assistance? YES NO

**REGISTRATION:**

**Online:** [www.NursingofChildrenNetwork.com](http://www.NursingofChildrenNetwork.com)

**Mail (for groups of 3 or more ONLY):** Nursing of Children Network  
 c/o 9 Red Maple Drive

\*Make checks payable to: Nursing of Children Network  
 Lafayette Hill, PA 19444