



NURSING OF CHILDREN NETWORK
LOCAL CHAPTER OF THE
SOCIETY OF PEDIATRIC NURSES

PRESENTS

6th Annual

REGIONAL PEDIATRIC
NURSING CONFERENCE



Embracing the Challenge

MONDAY OCTOBER 12, 2009

THE HYATT AT PENN'S LANDING

SPONSORED BY

- Bayada Nurses
- Hill-Rom
- Janet Weis Children's Hospital
- KenCrest Children's Residential Services
- Nemours/Alfred I. duPont Hospital for Children
- Nurse Builders
- Lauren's House
- Pro2 Respiratory
- St. Christopher's Hospital for Children
- The Children's Hospital of Philadelphia
- Weisman Children's Rehabilitation Hospital

Join us in celebrating our 6th Anniversary!

NCN's Sixth Annual Regional Pediatric Nursing Conference on October 12th!!

COURSE OVERVIEW

This is the sixth annual NCN Regional Pediatric Nursing Conference. Our theme this year is: Embracing the Challenge. The planning occurred amongst the premier children's institutions in the region. The targeted audience is staff nurses and advanced practice nurses from all settings including hospitals, home care, ambulatory care, and school nursing. It will provide attendees with state of the art information on a variety of clinical topics and professional issues. Ample opportunity is provided for networking and becoming involved in Nursing of Children Network and the Society of Pediatric Nurses organizations.

CONFERENCE OBJECTIVES

1. Provide educational sessions to enhance the pediatric nurse's knowledge and skill related to a variety of clinical, psychosocial and professional topics.
2. Provide the opportunity to enhance personal and professional growth.
3. Provide the opportunity to network among pediatric nurses in the greater region.

NURSING ACCREDITATION

6.0 contact hours will be awarded for participation in the live presentation component of this program. An additional 1.0 contact hour is available for participation in the optional poster presentation interactive session, for a total of 7.0 contact hours. This conference provides 4.0 trauma education hours for designated sessions. In addition, there are 3 sessions that provide pharmacology education hours.

POSTER PRESENTATIONS

We are accepting abstract applications for poster presentations. A poster abstract application deadline can be downloaded from our website: www.nursingofchildrennetwork.com
Deadline for submission is July 31, 2009.

HOTEL INFORMATION

The Hyatt Regency at Penn's Landing is located at 201 S. Christopher Columbus Blvd, Philadelphia PA. This beautiful location on the Delaware River provides the perfect backdrop for a great conference and for networking with colleagues. For directions, please contact the hotel directly at 215-928-1234 or see the website at www.Hyatt.com. Parking is available in the hotel garage at a discounted rate for conference attendees who arrive early. Additional parking is available at nearby Penn's Landing at approximate cost of \$15.00 (rates subject to change). The hotel is easily accessible by public transportation.

ACCOMMODATIONS

A block of rooms has been reserved until Monday September 21, 2009, at a special rate of \$180/night (single/double occupancy) plus taxes and fess. Contact the Hyatt at Penn's Landing for reservations 1-800-233-1234, or online at www.Hyatt.com. Be sure to tell staff you are with the NCN conference.

PLANNING COMMITTEE

Judith Stellar, MSN, CRNP, PNP-BC.....Nursing of Children Network Conference Chair
Michele Bakun, BSN, RNKenCrest Children's Residential Services
Kathy Cramsie, MSN, RNSt. Christopher's Hospital for Children
Pat Gispert, MSN, RN.....St Christopher's Hospital for Children
Beth Hoy, BSN, RN.....Lauren's House
Louise Jakubik, PhD, CRNP, RN-BC.....Nurse Builders
John F. Moffa, RRT, NPS.....Hill-Rom
AnneMarie Monachino, MSN, RN, CPNNursing of Children Network
Margit Moran, BSN, RNBayada Nurses
Emily Mowry, BSN, RN, CPN.....Janet Weis Children's Hospital, Geisinger Medical Center
Ann Marie O'Brien, MSN, RNThe Children's Hospital of Philadelphia
Tracy Patrick-Panchelli, BSN, RN-BC, CPNNemours/Alfred I. duPont Hospital for Children
Mary Jo Pedicino, MSN, RNThe Children's Hospital of Philadelphia
Jeannine S. Winsness, MSN, CRNP, CPTC.....Pediatric Palliative Care Consultants
Mary Pat Winterhalter, MS, RNLauren's House
Linda Youngstrom, DNSc, RNNursing of Children Network, President

CONFERENCE AGENDA

7:00 AM Registration & Poster Set-Up
Exhibits and Continental Breakfast

8:00 AM Welcome

8:15 AM Opening Session

Sponsored by Bayada Nurses

Living In Balance In A World On Fast-Forward

Dr. Diann B. Uustal, RN, MS, Ed.D.

Founder and President,

Educational Resources in HealthCare, Inc.

Concurrent Sessions Track A through E

Tracks A & B: Clinical Updates

Track C: Trauma

Track D: Ambulatory / Community

Track E: Professional Development

*= Trauma Ed. Hour; ^=Pharm Ed. Hour

9:30 AM Concurrent Session I

Track A: Bruises, Dots and Spots...Petechiae and Purpura in Pediatric Patients

Identifying potentially life threatening illnesses in the pediatric patient is essential. While the list of possible causes of petechiae and purpura is long, incorrect diagnosis can have devastating consequences. This course will review the identification, diagnosis, and treatment of serious as well as life threatening causes of petechiae and purpura.

Deena Brecher, MSN, RN, ACNS,BC, CEN, CPEN
Clinical Nurse Specialist
Nemours/A.I.duPont Hospital for Children

Track B: Pediatric Fluid & Electrolyte Imbalances: A Case Study Approach^

The care of the acutely ill infant or child is often further complicated by disruptions in fluid and/ or electrolyte balance. Prompt recognition of these disruptions is essential to the care of these patients. Utilizing a case study approach, this session will provide an overview of fluid & electrolyte imbalances in the pediatric patient.

Kathryn E. Roberts, RN, MSN, CRNP, CCRN, CCNS
Clinical Nurse Specialist - Pediatric Intensive Care Unit
The Children's Hospital of Philadelphia

Track C: Looking At Red Flags: Implications for Drug and Alcohol Screening*

This session will discuss techniques that will help you identify children at risk for emerging or undiagnosed substance abuse and present them with strategies for reducing or stopping abuse.

Roni Robinson, RN., MSN, CRNP
Trauma Advanced Practice Nurse
The Children's Hospital of Philadelphia

Track D: SMA: Spinal Muscular Atrophy and the Home Care Experience

SMA, although considered a rare disease, seems to be quite common in home care. This presentation will not only review SMA pathology and progression, but will describe the path which the family and child follow out of the hospital and in the home and community.

Kim A. Lynn, RN, BSN, CRRN
Clinical Support Specialist, Bayada Nurses

Track E: From Start to Finish: How to Build and Develop Your Career in Nursing

Designed to arm participants with strategies to jump start their careers in nursing, this session engages nurses at all levels in using specific methods for career development and tracking their career success. Discussion will include credentialing, continuing education and professional development, certification, professional activities, mentoring, and development of a professional portfolio.

Louise Jakubik, PhD, CRNP, RN-BC
President and Chief Learning Officer, Nurse Builders

10:30 AM Exhibits & Poster Presentations

11:00 AM Concurrent Session II

Track A: If I Only Had a Heart: Therapeutic Strategies for Working with Chronically Ill Adolescents

This session will provide an overview of the developmental tasks in adolescence and the impact chronic illness and hospitalization has on them. Therapeutic interventions will be shared as well as a case study of an adolescent awaiting heart/ lung transplantation. This case will highlight the impact that death and dying play in a chronically ill adolescent.

Merideth McDonough, MS, CCLS
Child Life, Education and Creative Arts Therapist
The Children's Hospital of Philadelphia

Track B: Care of the Patient with a Venous Access Device: Removing the Mystery

The session describes the most current information regarding the care of patients with peripheral or central venous access. The session describes the most current information regarding the care of patients with peripheral or central venous access. Discussion will include IV infiltrates and catheter-related blood stream infections.

Brenda J. Stephens, MSN, RN
Clinical Nurse Specialist, Vascular Access Service
The Children's Hospital of Philadelphia

CONFERENCE AGENDA

continued

Track C: Pediatric Chest Trauma*

This session will prepare the participants to manage chest trauma in children. It will focus on anatomical and physiological differences in children, as well as the identification and management of specific thoracic injuries.

Kirsten Johnson Moore, RN, MSN, PHRN
Director, Emergency Nursing Services & Respiratory Care
St. Christopher's Hospital for Children

Track D: Thriving with Cystic Fibrosis - A Patient Perspective

Kristin McFall was diagnosed with cystic fibrosis at two months of age; she was not expected to live to be three years old. Through the years she has endured the many ups and downs a progressive disease causes, yet her spirit and family, friends and healthcare team's support have seen her through the numerous transitions chronic illness has brought her. Kristin's ability to temper living with a chronic illness with humor and honesty offer a unique insight into thriving with CF.

Kristin McFall
Education Resource Specialist, Hill-Rom Respiratory Care

Track E: Ethical Challenges in Caring for Pediatric Patients: Issues & Insights*

Our expert and keynote speaker will further explore the ethical dilemmas facing pediatric nurses such as: when "quality of life" is more ethically compelling than the duty to preserve life; what makes treatment "ordinary", "extraordinary" or "futile" from an ethical perspective; and what are the limits to the demands for or the refusal of treatment by patients and their families. At least two clinical-ethical guidelines for determining when life-sustaining treatment may be withheld or withdrawn will also be explored.

Diann B. Uustal, RN, MS, Ed.D.
Founder and President,
Educational Resources in HealthCare, Inc

12:00 PM Lunch & Raffle

12:45 -1:30 PM Exhibits & Poster Presentations

If interested in presenting a poster, a poster abstract application can be downloaded from our website: www.nursingofchildrennetwork.com
The deadline for submission is July 31, 2009

1:30 PM Concurrent Session III

Track A: Focus on Diabetes: Medical Science and Engineering Join to Fight Diabetes[^]

This presentation will focus on new diabetes technology for management of type 1 diabetes. Discussion to include a review of new blood glucose meters, insulin pumps and continuous glucose monitoring systems available, their indications for use, systems setup and outcome data. Data obtained through patient use of such technology will be reviewed via included case studies.

Kimberly Shoe, MSN, PNP, CDE
Pediatric Nurse Practitioner and Diabetes Technology
Coordinator, Nemours/Alfred I. duPont Hospital for Children

Track B: Hot Topics for Teens

Current hot topics in adolescent care including media abuse, new drugs and STDs will be presented. In addition, particular issues in confidentiality and privacy will be woven into the discussion, to assist nurses when working with teens on these health concerns.

Eve Bosnick, MSN, CRNP
Nurse Practitioner, Emergency Department
The Children's Hospital of Philadelphia

Track C: Traumatic Brain Injuries (TBI) Among Children*

This session will review terminology, statistics, and describe the pathophysiology of traumatic brain injury among children. Case scenarios will be discussed.

Tara R DuLac, RN, CCRN
Clinical Nurse Educator, Janet Weis Children's Hospital,
Geisinger Medical Center

Brandi Peachey, MSN, CRNP
Pediatric Intensive Care Unit Nurse Practitioner,
Janet Weis Children's Hospital, Geisinger Medical Center

Track D: Insurance Reimbursement: Can't Always Get What You Want

This is a presentation on insurance reimbursement. The presentation will address changes in the way insurance companies are reimbursing for care. Discussion will include care efficiency according to insurance guidelines.

Tony Mozzone, RCP
Marketing, Pro2 Respiratory

Track E: Communicating with Emotionally Difficult People

The impact of communication with emotionally difficult people is the focus of this session. Tips will be provided on how to be an effective communicator. The session will include role playing of typical crucial workplace situations.

Michael B. Grossman, DM, MSN, RN, NEA-BC
Professor, University of Phoenix

CONFERENCE AGENDA

continued

2:45 PM Concurrent Session IV

Track A: Controlling the Epidemic of Overweight and Obese Children

Childhood overweight and obesity are reaching epidemic proportions. This presentation will discuss a family centered healthy life style approach to overweight and obesity in children. It will include a motivational interview.

Kathleen Kinney Falkenstein, PhD, PNP-BC
Assistant Professor, Drexel University

Track B: Asthma Update: Pharmacologic and Educational Strategies for Managing Asthma[^]

This session will provide a review of the new guidelines for the diagnosis and management of asthma according to the National Heart, Lung, and Blood Institute. There will be a review of medications, device usage as well as tips to help the "non-compliant patient/parent". This session will also explore areas of self management, patient advocacy, and patient education related to the pediatric asthma patient.

Maureen McCloskey, RN, CPN
Staff Nurse, Clinical Level III
The Children's Hospital of Philadelphia

Track C: Where Do Pediatric Organs Come From?*

This presentation will explore the identification and evaluation of potential organ donors, the management of the donor in the ED/PICU and the allocation of organs to children on the waiting list.

Jeanine Winsness, MSN, CRNP, CPTC
Organ Procurement Transplant Coordinator
Gift of Life Donor Program

Track D: Nurses Making a Difference in Alternative Settings

This session includes a panel of experts in alternative nursing fields who will discuss their roles, responsibilities, barriers and successes in their efforts to advocate for the pediatric population in the community setting.

Kate Dillon, MSN, CRNP
Nurse Case Manager, Health Intervention Program, A Division of Maternal, Child, Family Health in the City of Philadelphia
Joan Dougherty, BSN, CPN, CSN
Nurse Coordinator, PA Ventilator Assisted Children's Home Program (VACHP)
Elizabeth Hoy, BSN, RN
Nurse Administrator, Lauren's House – North Philadelphia, A Prescribed Pediatric Extended Care Center
Mary Pat Winterhalter, MS, RN
Nurse Administrator, Lauren's House – Boothwyn, A Prescribed Pediatric Extended Care Center
Roseann McLaughlin, MSN, CRNP
Health Service Coordinator, Overbrook School for the Blind

Track E: From A Clinical Interest to a Hospital Wide Research Project: The Skin Injury Prevalence Study (SIPS)

Thinking you could never do "research"? In this case, an interest in skin care developed into a house-wide project where every inpatient underwent a head to toe skin assessment. Through lively discussion and interaction, the entire process is presented including the outcomes of the study, leaving the audience with the idea that "you too could be a nurse researcher!"

Judith J. Stellar, MSN, CRNP, PNP-BC
Surgery Clinical Nurse Specialist
The Children's Hospital of Philadelphia

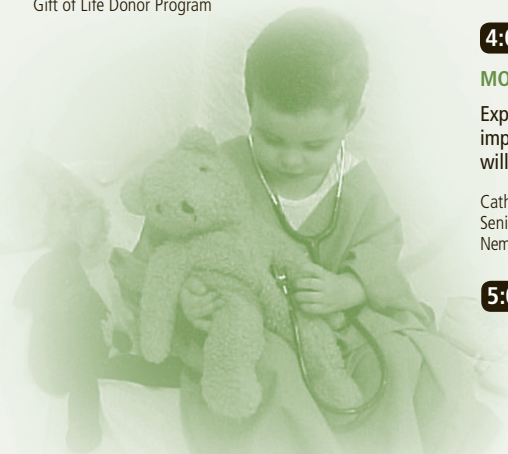
4:00 PM Closing Session

MOTIVATION Sailing Through Turbulent Seas

Explore the concept of "Appreciative Inquiry" and its impact on individual/team motivation. Participants will be introduced to 4 motivational strategies."

Cathleen A. Rossi-McLaughlin, RN, BSN, MS
Senior Director of Nursing
Nemours/Alfred I. duPont Hospital for Children

5:00 PM Wine & Cheese Reception



ABOUT THIS YEAR'S COMMUNITY SERVICE PROJECT

The Board of the Nursing of Children Network has selected the Reach Out and Read Greater Philadelphia program as this year's conference community service project. We will be collecting new and gently used children's books for children ages 6 months to 12 years at the conference registration table to donate to this organization. Reach Out and Read (ROR) is a national non-profit pediatric early literacy program located in more than 4,100 primary care doctor's offices across the nation. ROR makes literacy promotion a standard part of pediatric primary care, so that children grow up with books and a love of reading. Reach Out and Read Greater Philadelphia (RORGP) sites rely

on donations and funding support from schools, community groups, corporations, foundations, families and individuals to maintain this valuable program. You can help RORGP doctors and nurses make books part of a healthy childhood by collecting new or gently used books! Gently used books should be in good condition (covers and pages intact, clean and readable) and appropriate for children birth to 12. Out of respect for families, RORGP sites do not accept books with sensitive issues and/or illustrations (such as abuse, death, divorce, holidays, religion, violence, weapons). If you choose to purchase new books, the greatest need is for infants and toddlers.

ABOUT THE SPEAKER

Diann B. Uustal, RN, MS, Ed.D.

Diann is a nationally and internationally recognized nurse ethicist and educator known for her warmth, discernment, and dynamic and thought-provoking presentation style! Diann is the author of the award winning book on self-care and balance entitled *Caring For Yourself – Caring For Others: The Ultimate Balance*. She has also authored *Clinical Ethics and Values: Issues and Insights In A Changing Health Care Environment*. Diann received a B.S. in nursing from the University of Rhode Island and an M.S. in nursing from the University of Massachusetts. She earned a doctoral

degree in Education majoring in ethics and values in health care at the University of Massachusetts. Dr. Uustal is the founder and president of an educational consulting firm, Educational Resources in HealthCare, Inc. *Living In Balance In A World on Fast - Forward* is a keynote that will introduce you to some delightfully practical wellness strategies that are mirrors for personal reflection and springboards for change. It is designed to encourage and inspire you and will give you insightful ideas and practical tools for recharging and "re-creation".

ABOUT THE SOCIETY OF PEDIATRIC NURSES & THE NURSING OF CHILDREN NETWORK

The Nursing of Children Network (NCN) is the local chapter of the Society of Pediatric Nurses (SPN). SPN is the only non-specialty professional nursing organization dedicated to pediatric patients and their families. The local chapter, NCN, offers opportunities for mentoring, educational programs, community outreach projects, and other professional activities. Please see our website at www.nursingofchildren-network.com for more information. All NCN members must be members of the national organization: SPN. To download an SPN application, go to the website at: www.pedsnurses.org



NURSING OF CHILDREN NETWORK
LOCAL CHAPTER OF THE
SOCIETY OF PEDIATRIC NURSES

Embracing the Challenge

6th Annual

**REGIONAL PEDIATRIC
 NURSING CONFERENCE**

REGISTRATION FORM

Individuals must register via website: www.nursingofchildrennetwork.com click on "Conference." Mail in registration is reserved for institution or company use only. Company check is accepted with group of 3 or more registrants. Individual registration form (below) is required for each person in the group. Photo copies of the form are acceptable.

First Name _____ Last Name _____ Credentials _____

Title _____

Institution _____

City _____ State _____

(The information above will be printed on your badge)

Address _____

City _____ State _____ Zip _____

Daytime Phone: _____ Evening Phone: _____

Email address: _____

Please note postmarked dates; Due to limited space, all fees will be strictly adhered to.

Direct questions to: registerncn@comcast.net 800-621-6048

Early Registration Discount

\$150.00 Online registration or postmarked by September 11, 2009

Regular Registration

\$180.00 Online registration or postmarked by September 28, 2009

On-Site Registration

\$195.00 Call 800-621-6048 or email registerncn@comcast.net

On site registration will be accepted, IF space permits. However, this conference typically sells out!

Cancellations and Transfers: All cancellations and transfers must be received in writing. If received in writing prior to September 25, 2009, the full cost less a \$25.00 administrative fee will be refunded. There will be no refunds after September 25, however, the registration can be transferred, provided both transferring party names are provided via email to: registerncn@comcast.net

Concurrent Session Selection

Please indicate your 1st and 2nd choices by circling A, B, C, D or E next to the session:

Concurrent Session I 9:30am-10:30am Concurrent Session III 1:30pm-2:30pm

1st choice: A B C D E 1st choice: A B C D E

2nd choice: A B C D E 2nd choice: A B C D E

Concurrent Session II 11:00am-12:00pm Concurrent Session IV 2:45pm-3:45pm

1st choice: A B C D E 1st choice: A B C D E

2nd choice: A B C D E 2nd choice: A B C D E

Will you be attending the wine and cheese reception? YES NO

Vegetarian Lunch? YES NO Will you require special assistance? YES NO

REGISTRATION:

Online: www.NursingofChildrenNetwork.com

Mail (for groups of 3 or more ONLY): Nursing of Children Network
 c/o 9 Red Maple Drive

*Make checks payable to: **Nursing of Children Network**
 Lafayette Hill, PA 19444